

# ForbesBooks

## THE BEST IN BUSINESS™

### Emmy Award-Winning Journalist Shares Lessons She Learned Shattering the Glass Ceiling

*Kate Delaney Releases “Deal Your Own Destiny” with ForbesBooks*

**NEW YORK (November 9, 2018)** – Emmy award-winning journalist, Kate Delaney, today announced the publication of her book *Deal Your Own Destiny: Increase Your Odds, Win Big and Become Extraordinary* ([available now](#)). The book is published with ForbesBooks, the exclusive business book publishing imprint of Forbes Media.

“You can’t just **wish** for things to happen; you have to **make** them happen.” This is something sports journalist Kate Delaney understood well when she decided to take her fate into her own hands and tackle all the obstacles of the male-dominated world of sports radio. In her new book, *Deal Your Own Destiny*, Delaney recounts her journey and makes it clear that with tenacity, belief and determination, you can stack the cards in your own favor.

“In the beginning of my career, I was pretty much alone in my field as a female national radio sportscaster. It took a lot of self-confidence, as well as the support from others, to get where I am today. Although I’ve achieved much success, I’m still climbing that ladder and shattering higher ceilings as I go,” said Delaney. “It’s wasn’t an easy climb, but along the way I found several basic principles that assisted me in my pursuits, and it’s these insights that I look forward to sharing with readers in this book.”

As a journalist, Delaney has conducted over 16,000 interviews with VIPS from the sports industry including C-suites, entrepreneurs, and Hall of Fame athletes, and she uses these experiences to formulate key lessons for success and reaching for the stars. “To ‘deal your own destiny,’ you must believe in yourself on a grand scale, but you also need to have the discipline to learn, to do and to keep on striving for more,” said Delaney. “If you truly want to deal your own destiny and become extraordinary, then you have to go all in every single day.” *Deal Your Own Destiny* is now available for purchase on [Amazon.com](#).

#### **About Kate Delaney**

Kate Delaney is an Emmy award-winning journalist, top business and motivational speaker and a host for NBC Sports Radio Network. She is one of the first women to ever host a solo sports radio talk show in a top ten market – WFAN in New York City, and then later at KRLD in Dallas, Delaney has also broadcasted from all over the world. She is currently the host of two nationally syndicated radio shows each week. “The Kate Delaney Show” is featured on NBC’s Sports Radio Network and

she also has a weekly feature with ForbesBooks Radio which showcases movers and shakers in the business world. For more information, visit [dealyourowndestiny.com](http://dealyourowndestiny.com).

### **About ForbesBooks**

Launched in 2016 in partnership with Advantage Media Group, ForbesBooks is the exclusive business book publishing imprint of Forbes Media. Reaching more than 120 million people each month, Forbes is among the most respected names in business media. From the flagship magazine, with its 40 print editions in 70 countries and 28 languages, to Forbes.com and its 67 million unique monthly visitors, Forbes champions success worldwide. ForbesBooks offers business and thought leaders an innovative, speed-to-market publishing model and a suite of services designed to strategically and tactically support authors and promote their expertise. For more information, visit [forbesbooks.com](http://forbesbooks.com).

### **Media Contacts**

Kate Delaney, Author, [kate@dealyourowndestiny.com](mailto:kate@dealyourowndestiny.com)

Joel McAllister, Advantage Media Group | ForbesBooks, [jmcallister@advantageww.com](mailto:jmcallister@advantageww.com)

The logo for ForbesBooks, featuring the word "Forbes" in a bold, black serif font and "Books" in a blue, sans-serif font. The text is enclosed in a thin black rectangular border on the left and top sides.